# **Volunteers** on tour

EVS PROJECT. INFO PACK.



NICOSIA and villages around. CYPRUS

ACTIVITY 1: Individual volunteering Long Term EVS | 15.05 - 15.11. 2019

ACTIVITY 2: Volunteering Team Short Term EVS | 8.10 - 31.10.2019

ACTIVITY 3: Advance Planning Visit | 3.05 - 6.05. 2019



## **Organization**

PlanBe is a non-governmental, non-profit organisation established on March 2014, aiming at the personal and professional development of young people. The organisation is based in Nicosia, Cyprus, and acts at national and European level.

PlanBe forms a platform of communication for the exchange of ideas and the productive cooperation of young people in a variety of subjects of interest. It explores youth's development through means of formal and non-formal education, while at the same time promotes European and International opportunities for active citizenship and cultural understanding.

In the fast-changing societies we live in and the challenges we face today, it is important to be prepared with an alternative, back up plan. PlanBe contributes to young people's exploration for finding their own Plan B(e) and making it happen. So far, PlanBe have sent more than 350 Cypriots participants in project abroad representing Cyprus and have implemented 14 projects, hosting more than 300 participants from abroad.

In 2018, our NGO have become a EuroDesk multiplier. Eurodesk unites a network of over 1000 youth experts in 35 countries under a mission to raise awareness among young people on learning mobility opportunities and to encourage them to become active citizens. PlanBe is EVS accredited. European Voluntary Service has had a major impact on the lives of many thousands of young people over the past 20 years. European youth can have the opportunity to volunteer abroad and gain valuable experience.



#### **APV**

#### Advance Planning Visit (APV) 3.05 - 6.05. 2019

2 participants from each country will come to the hosting country, that is Cyprus, for a meeting where activities, places, methodologies and logistics of the project and of the following activities will be discussed.

We want to be able to create the best conditions for all involved and will therefore focus on: • Review the setting so the volunteer feels comfortable and in order for him/she to function both mentally and physically • Create a good communication between all parties (receiving organisation, sending organisation and volunteer) • Get a clear image of the organisation and its daily activities • Plan together with all the parties on how the tasks will appear in detail • Plan and discuss crisis management and make a common risk analysis for the coming volunteer period • Look into suitable aims for the volunteer during ESC • Plan how the evaluation will look like so that it runs through the entire volunteer period, it is important that there is a dialogue between all parties in order to find a way to make the most of the experience on an ongoing basis. Youth pass and ECVET are the summary documents for the project, on the other hand are there various additional methods to gain experience and evaluate in an inspirational way; movie, diary, blog, etc.

Italy	participants 2	travel b 275 EURO	days 2
Poland	participants 2	travel b 360 EURO	days 2
Portugal	participants 2	travel b 820 EURO	days 2
Romania	participants 2	travel b 275 EURO	days <b>2</b>
Greece	participants 2	travel b 275 EURO	days 2

<sup>\*</sup> one representative of each organisation and one volunteer

### Long Term - 6 months project

## 3 volunteers will be hosted for 6 months in Cyprus, beginning on 15.05.2019 - 15.11.2019

The volunteers will be working with us in PlanBe and we will be working with each local community for a period of time in order to experience the informal learning of the traditional professions of each village and to help with the preparation of the different agricultural events/festivals in the mountain villages of Cyprus, at Troodos Geopark.

The volunteers will interact both with the youngsters of the rural areas who live in the local community but also with the elder people of the community who will be invited to demonstrate traditional professions and recipes related to local products produced in the different villages.

Additionally, the volunteers will help in supporting and in the organisation of the different festivals regarding traditional professions and homemade products in the different villages in Troodos Geopark like in the Lavender festival in Platres, in the Grape Feast in Koilani and Arsos villages etc. Additionally, the volunteers will create and implement activities from scratch as for example arts and crafts, traditional ways of making different homemade products and workshops for event planning and management designed especially for NEET youth and youngsters with fewer opportunities.

Italy	participant 1	travel b 275 EURO	days <b>180</b>
Poland	participant 1	travel b 360 EURO	days <b>180</b>
Romania	participant 1	travel b 275 EURO	days <b>180</b>

- \* Volunteers will stay in sharing houses, in different places/villages during the EVS period
- \* pocket money 5 euro per day (180 days)
- \* meals will be provided by hosting organisation
- \* Transportation will be offered by hosting organisation







#### **Short Term EVS**

10 volunteers will be hosted from **8.10 - 31.10. 2019** months in Cyprus.

This project brings together European participants with different backgrounds, as well as young people with fewer opportunities (economical, geographical, social cultural obstacles) and through team building, personal development, and active citizenship activities it increases cultural awareness and understanding.

The project also involves interaction with the eldest of the community and hence contributes to bridging the intergeneration gap. For example, the elder of the community will be invited to demonstrate traditional professions and recipes related to local products. Moreover this is a ESC project that emphasises our cultural and our European identity and promotes European citizenship and friendships.

Hands-on activities such as tree planting and fruits harvesting. Participants will have the opportunity to experience the traditional way of harvesting and go through by doing, the whole process for the production of agricultural products. Participants will be divided into groups that will be in charge to assist one local farmer. Upon guidance they will set the nets, harvest the fruits without hurting the tree.

These hands-on workshops promote team-working, communication, leadership skills, and problem-solving skills and are a great way to include people with cultural differences that will connect with each other by doing and learning.

Self awareness session in order for the participants to evaluate themselves.

Best entrepreneurial company related to agricultural products (3 days workshop): The group will be divided into teams and all teams will open an envelop which will lead them to their box. This box will contain various materials related to agriculture and tools that will have to use in order to create an innovative product or service. Then they will need to promote their product and convince the rest people to buy it. People will decide on which company they want to invest their money apart from their company. This workshop aims to improve the skills of the participants related to time management, marketing and selling skills, creativity, innovation, strategic thinking, budgeting - accounting skills, business wise.

Agricultural Festival: Participants will have the responsibility to invite the locals so that they get more involved with the local community. Exhibition-we will present our project and participants to the locals and promote opportunities of the Erasmus+ programme. Furthermore The Festival will be implemented with the collaboration of the local community. Participants will exhibit their creations based on agriculture, there will be also a photography exhibition around from scenes from the previous days of the project. Participants will perform with theatre, songs in their language, dances from their country, even show videos from their country.

Other activities include career planning, business plan, creative way of thinking, Erasmus+ projects, event management and project management.

Italy	participants 2	travel b 275 EURO	days 2
Poland	participants 2	travel b 360 EURO	days 2
Portugal	participants 2	travel b 820 EURO	days 2
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Greece	participants 2	travel b 275 EURO	days 2

## **Partners Organisations**

Poland: Stowarzysze nie Projektow Miedzynarod owych "Logos Polska"

**Italy:** IDENTITIES

Portugal: TEATRO METAPHOR A ASSOCIAÇÃO DE AMIGOS DAS ARTES

Romania: ASOCIATIA NEVO PARUDIMOS

**Greece:** KYTTARO ENALLAKT KON ANAZITISEON NEAON KEAN



www.planbe-ngo.com fb: PlanBe, Plan it Be it

solidarity.planbe@gmail.com / planbe.youth@gmail.com in: planbe\_ngo