

A young girl with long brown hair, wearing a teal shirt, has her hands covering her face in a crowd of other children. The background is blurred, showing other children in various colorful clothing. The overall mood is somber and focused on the theme of bullying.

# LET'S KICK THE BULLIYNG

*Youth Exchange*

*Molfetta 13-18 May 2019*

# ABOUT THE PROJECT

"Let's kick the bullying" is a project of youth cultural exchange involving three associations: the Italian "sport zone Molfetta", the Turkish association "Antalya" and the Romanian association "Nevo Parodimos" for a total of 24 participants (8 boys + 2 leaders per association). The exchange will take place in the town of Molfetta (Bari) and will last for 5 days from 13 to 18 May 2019, the days 12 and 19 will travel to the partner associations.

The title is a word game created to address the main theme of the project: bullying. Through sport, which we consider universal language, we want to give a "kick" to this still widespread phenomenon, and to make young people aware of a healthy lifestyle. We hope that at the end of the project the guys who will have participated will carry forward the message to their friends and acquaintances in order to inform as many people as possible.

A non-formal methodology will be the type of approach that we will establish with the children, and we will do some activities such as workshops, brainstorming, role-playing games, round tables, each with a pedagogical purpose.

The informal environment in which the activities will take place, the right balance between verbal and non-verbal activities, free time and the constant presence of leaders who will encourage dialogue and exchange will contribute to the personal and social growth of each participant. The educational importance of this project will be recognized by the issue of the Youthpass certificate to each participant.

The results of the project will also be disseminated to external people thanks to a series of tools designed to reach a large target group, so that they also act as result multipliers.



# OBJECTIVES

- Stop to bullying;
- Know the theme of this project and react to any type of bullying;
- Bring young people closer to sport;
- Fight bullies with the sport;
- Promote dialogue and tolerance;
- Improve your knowledge about english;
- New friendships;
- New experiences.

# TIMING

*Arrival: 13th May 2019*

*Departure: 18th May 2019*



# THE VENUE

The exchange will be in Molfetta (Ba).

The territory of Molfetta has ancient origins, which are lost in the dawn of time. The city is in fact inhabited since the Neolithic. Traces of necropolises and huts from the prehistoric age have been found in the Pulo area, which demonstrates the presence of human settlements between the sixth and third millennium BC. Founded by the Illyrians, Molfetta was later colonized by the Greeks, and under the Romans it became an autonomous and independent civitas. It then passed under the dominion of numerous conquerors: Normans, Swabians, Angevins, Aragonese and Spaniards, as well as numerous noble families. During the Middle Ages the city became a flourishing port: this allowed it to be at the center of trade with the maritime republics and Greece. From the eleventh century Molfetta is also a bishop's seat, a role that has always guaranteed great prestige compared to other centers in Puglia.

# COORDINATOR OF THE PROJECT

The Zona sport Molfetta association was founded with the intention of helping young people to grow through it sport in order to guarantee a correct lifestyle and a right balance between young people.

In addition to some sports initiatives, including Football at a competitive level, the association also takes care of help to the youth of the community organizing courses in English, computer science and making available the its headquarters to allow young people to study in a quiet place.

Cooperation with non-EU students present in nearby structures is also very important to the association, which actively participate in the numerous activities proposed, and the message that they launch challenging the prejudices.

There are also numerous organized events, including competitive and non-competitive sports tournaments and the final party annual association, in which all the boys and their families and friends participate. The leaders of the association are experts in the field of cultural exchanges and in supporting boys in delicate issues such as bullying.

They all have certifications that attest to their worthiness to work with the boys.

Their purpose is to allow children to grow up in a healthy environment through the disciplines

sports considered by us as a universal language that unites everyone.

They also speak perfectly English as they are often in contact with non-EU students

present in the territory of Molfetta and know how to relate to a youth exchange project; for

this reason we believe that they are perfectly suitable for the positive outcome of the project.

EUROPEAN COMMISSION

Erasmus+

# Youthpass

## YOUTH EXCHANGES

**Participant's first and last name**  
 BORN ON **02/03/1989** IN **Brussels, Belgium**

PARTICIPATED IN

**Example Youth Exchanges.**

A YOUTH EXCHANGE WITH 35 YOUNG PEOPLE  
 FROM AUSTRIA, BELGIUM, CROATIA, CYPRUS, FINLAND, ICELAND, AND MALTA.

THE PROJECT TOOK PLACE FROM **13/01/2015**  
 TO **22/01/2015** IN **Vienna, Austria.**

## YOUTH EXCHANGES

In Youth Exchanges supported by Erasmus+, groups of young people from different countries jointly design, prepare and carry out a work programme. It is usually a mix of workshops, debates, role-plays, simulations, outdoor activities. The young people are supported by experienced youth workers and leaders in this. Youth Exchanges allow them to develop competences, become aware of socially relevant topics, discover new cultures, and strengthen values like solidarity, democracy, etc.

Erasmus+ is the European Union's programme for boosting skills and employability through activities organised in the field of education, training, youth, and sport. Youth activities under Erasmus+ aim to improve the key competences, skills and employability of young people, promote young people's active participation in the society, their social inclusion and well-being, and foster improvements in youth work and youth policy at local, national and international level.

**SALTO-YOUTH**  
 TRAINING AND COOPERATION  
 RESOURCE CENTRE

Erasmus+

**Name of the legal representative**  
 Optional possibility to describe the function of the legal representative

The ID of this certificate is QWXd-RHXQ-XXWF-Z88Q.  
 If you want to verify the ID, please go to the web site of Youthpass:  
<http://www.youthpass.eu/qualitycontrol/>

Youthpass is a Europe-wide validation system for non-formal learning within the Erasmus+ Youth in Action Programme. For further information, please have a look at <http://www.youthpass.eu>.

# CERTIFICATES

At the end of the project, all the participants will have a Youthpass certificate that will certify the achievement of the pre-established objectives

WE HOPE YOU JOIN US

**SEE YOU IN  
MOLFETTA!**



**Erasmus+**

For more informations please contact

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