

Personal Progress = Professional Success

PPPS

E+ KA1: Learning Mobility of Individuals

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INFO PACK



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Project Description:

PPPS project in general aims to strengthen the personal skills and professional capacities of youth workers and therefore potential of the organisations.

Participants will develop their communication skills with Roma communities and other disadvantaged groups. They will learn how to work in teams, gain abilities to face easier different situations and will understand better how to use the professional principles in their daily work. We will focus on development of 2 main areas:

- Self-awareness
- Career Counseling/Work Skills

Project Objectives:

- provide a space for individual reflection, strength
- finding creation of vision for young leaders and youth workers
- to strengthen the activism of volunteers and former volunteers by enhancing the level of self-awareness
- sharing existing practices and challenges of the other participants
- to understand/reevaluate the meaning of Roma youth participation from own perspective
- provide deeper understanding of connection between an individual and organisation's values and mission
- share the career advisory methodologies usable in the future work of respective organisations

Partner Organisations:

1.)	InspiromaX	Slovakia (coordinator)
2.)	Nevo Parudimos	Romania
3.)	RGDTS, Kft.	Hungary
4.)	Association of Young Roma	Slovakia

Project Duration: 01.12. 2018 – 30.11. 2019

Activities:

Activity 1: Personal Development Academy (9.5. - 13.5. 2019)

Activity 2: Professional Success Training (25.6. - 29.6. 2019)



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Activity 1: Mobility of Youth Workers: Personal Development Academy

Dates: 9.5. - 13.5. 2019 (5 working days)

Place: Valaska/Banska Bystrica, Slovakia

Participants: 30 young people (18-30 y.o.), volunteers, community leaders, activists, youth workers (10people/country) + trainers

Description:

First youth workers mobility will be focused on individual development of participants. We will go through the basics of personal growth attributes, experienting through activities tackling our values, activities and value of time, attention, thinking and courage. Every participant will create own personal vision, action plan and micro-habit to follow during the next period (til the next mobility), when we check upon our progress.

Second mobility will clarify their own job aspirations and enhance their skills in providing career and employment counselling within their work / involvement in partner organisations.

There will be 2 group leaders per country assigned, taking part in small coordinating tasks, such as group reflection meetings/after-program meetings with trainers.

In the selection process we will strive to have balance of men and women.

Participants will receive Youthpass certificate after successfully attending the training.

Program:

	AM	AM	PM	PM	18:00	evening
DAY 1	Welcome, intro and getting to know each other	Purpose, Expectation and Contribution	Overview of the program	Party-building	Reflection of the day	Welcome evening
DAY 2	Intro to Personal Development	Motivation, exploring own potential + ind. vision	“FREE” Time in Banska Bystrica	“Self-Time” in Banska Bystrica	Reflection of the day	Intercultural evening Differently
DAY 3	Productivity vs. Efficiency	Productivity vs. Efficiency	Habits & Will-power	FLOW	Reflection of the day	Theater play
DAY 4	Happiness & Satisfaction	Gratitude Attitude:	FOCUS	(W)rap-Up	Reflection of the day	Table games (optional)
DAY 5	Objectivity	Heroism	Follow-up Design	Grande Finale!	Reflection of the day	PDA ceremony



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Following activity:

Activity 2: Mobility of Youth Workers: Professional Success Training

Dates: 25.6. - 29.6. 2019 (5 working days)

Place: Valaska/Banska Bystrica, Slovakia

Participants: 30 young people, volunteers, activists, youth workers (10people/country) + trainers

Description:

Participants will learn how to go through interview process, write a CV/motivation letter and other related skills. Program will also consist of field visits, LARP activities, sessions which promote understanding and tolerance and sessions offering an information about the European employment dimension. Accent will be put on the experience exchange of the participants, who in some of the situation will take the role of the leaders or facilitators.

Practical Information:

Preparation: Please prepare a short presentation about your organisation (bring the info leaflets) for others to understand your background and activities better. Beside comfortable clothes, bring a shirt/dress or something business casual, for the city/cultural visit. The partner groups will arrange their own travel arrangement and **insurance**.

Weather

The average temperature will be **16 °C**, but be aware that it might also rain! Check the weather, before packing your bags <http://www.accuweather.com/>

Accommodation

All the participants and trainers will be accomodated in the hostel-like community center of our organisation. There are community activities with Roma children taking place, so it may be a bit busy in afternoons☺. Association is running loundry service (successful social enterprise of 30+ people) in the very next building – we will make sure to give you a tour and tell you more. Outside, you will find starting community garden with courtyard.

Rooms will be set-up for 4 - 8 people per room. The center has full access to Wi-Fi, video projector, TVs, PCs, game room, restaurant/kitchen (where all meals will be served), outdoor courtyard, smoking areas. Nearest shop is just across the road from the building.

TRAVEL:

*Please talk to your sending organisation, in order to figure out the travel arrangements.

Currency:

EUR

What to bring?

Materials to present yourself and work of your organization would be great! Drinks and food to present your country and background welcomed! Comfortable clothing, lap-top, camera ... and whatever you think, will make your stay more pleasant!

*In case of questions, contact us anytime!



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